

# Logan County Domestic Violence Program



## How you can help

If you believe someone you care about is being hurt by their partner:

- Educate yourself by contacting a local domestic violence agency.
- Listen to the person you are concerned about, in a nonjudgmental manner
- Let them know there are resources available.
- Understand that leaving an abusive relationship is a difficult thing to do.
- Allow them to make decisions at their own pace.

Other things you can do:

Be a volunteer, arrange a community education presentation, make a tax-deductible donation, support our community fundraiser, contribute items for the shelter wish list.

*NOW is the time . . .*

*If you are a victim of domestic*

*violence, now is the time to start*

*thinking about protecting yourself*

*and your children who depend on you*

*for safety.*

Este documento está disponible  
en español

PO Box 1286  
Sterling, Colorado 80751  
24-hour Crisis line and Office  
(970) 522-2307  
[www.helpforabusedpartners.com](http://www.helpforabusedpartners.com)

## HELP FOR ABUSED PARTNERS

Family Violence Prevention  
and Intervention

Logan, Phillips, Sedgwick  
County Colorado

24-hour crisis line  
& office  
(970) 522-2307

# Confidential services available in English & Spanish

- 24-hour crisis line response
- Emergency shelter, food and other necessities
- Individual advocacy and support
- Weekly support groups for adults and children in three counties
- Help with protective orders
- Community outreach & education

## WHAT IS DOMESTIC VIOLENCE?

Domestic violence is a pattern of abuse in which one partner in an intimate relationship intends to control the other and the relationship to gain power and control through the use of fear, threats, intimidation, coercion and/or physical violence. This can result in physical harm, severe emotional distress, bodily injury or assault, threats of bodily harm, harassment, and stalking.

It is an epidemic affecting individuals in every part of society, including the HFAP service area. It affects individuals regardless of age, economic status, race, religion, nationality or educational background, and is the leading cause of injury to women.

## Assisting Families Seeking Alternatives to Violence in Their Homes

### WHO ARE ITS VICTIMS?

They are our neighbors, family members and friends. They come from all social, economic, cultural, racial and educational backgrounds.

### WHAT DO SUPPORT GROUPS PROVIDE?

- A safe place to talk
- Emotional support
- Comfortable atmosphere
- People who care
- Trust
- Confidentiality
- Information about abuse and its effects on victims and their children

### WHAT IS DATING VIOLENCE?

Dating violence is a pattern of abusive behaviors used to exert power and control over a dating partner.

At the core of dating violence are issues of power and control. Violent words and actions are tools an abusive partner uses to gain and maintain power and control over his or her partner.



### SERVICES MEET NEEDS

We provide information about options to help individuals make their own decisions about how to proceed. Our two locations offer confidentiality and safety for victims with different needs.

#### SHELTER HOUSE

Emergency housing and meals.

#### OUTREACH CLIENT LOCATION

Individual support and advocacy, support groups, children's programs, safety plans, other needs for victims who do not need shelter.

### OUR MISSION . . .

*is the elimination of domestic violence in all its forms through community education, comprehensive advocacy and the empowerment of battered women and their children.*

### OUR VISION . . .

*is for confidential and comprehensive services for victims of domestic violence, governed by decision-makers who are committed to creating change, and a community of individuals who are empowered to make safe and healthy choices for themselves and their families.*

### OUR VALUES . . .

*are safety, respect, collaboration, equality, and hope.*